

health.moves.minds.™

Getting Started Schools/ Teachers

1. Activate: Sign up your school!

Register your school using our easy-to-use online fundraising platform. Choose the way you would like to fundraise by selecting where you would like to make an impact. 50% of funds can go to your school or you can "pay it forward" and donate 25% of funds raised to a local charity of your choice* with 25% coming back to your school.

2. Fundraise: Spread the word!

Share event information with your school and parents. Use our template letters to get you started! Use our safe and online fundraising platform to raise funds!

Looking to collect offline donations? You sure can! Individual donations will not be tracked. Instead, collected donations will be earned as a team and must be mailed, as a lump sum, to SHAPE America no more than 2 weeks after your event date. A postage-paid envelope will be provided if offline donations are selected in the registration process. (ex: penny wars, dollar drives, donation buckets family nights, etc.)

3. Educate: Implement your activities!

Incorporate our ready-to-use lessons and activities on kindness, mindfulness, and empowerment in a way that works best for your school.

4. Celebrate!

Celebrate all the amazing work your school has done with a special wellness activity!

*If you are choosing to donate 25% of funds raised to a local charity, remember to fill out your [Charity Consent Form](#) and submit by fax to the following secure fax number: **703-476-9537**
2 weeks prior to the start of your event.